Welcome to Post Middle School

Principal Leslie Olson
Assistant Principal Paul Dobberfuhl

Post Middle School Hours

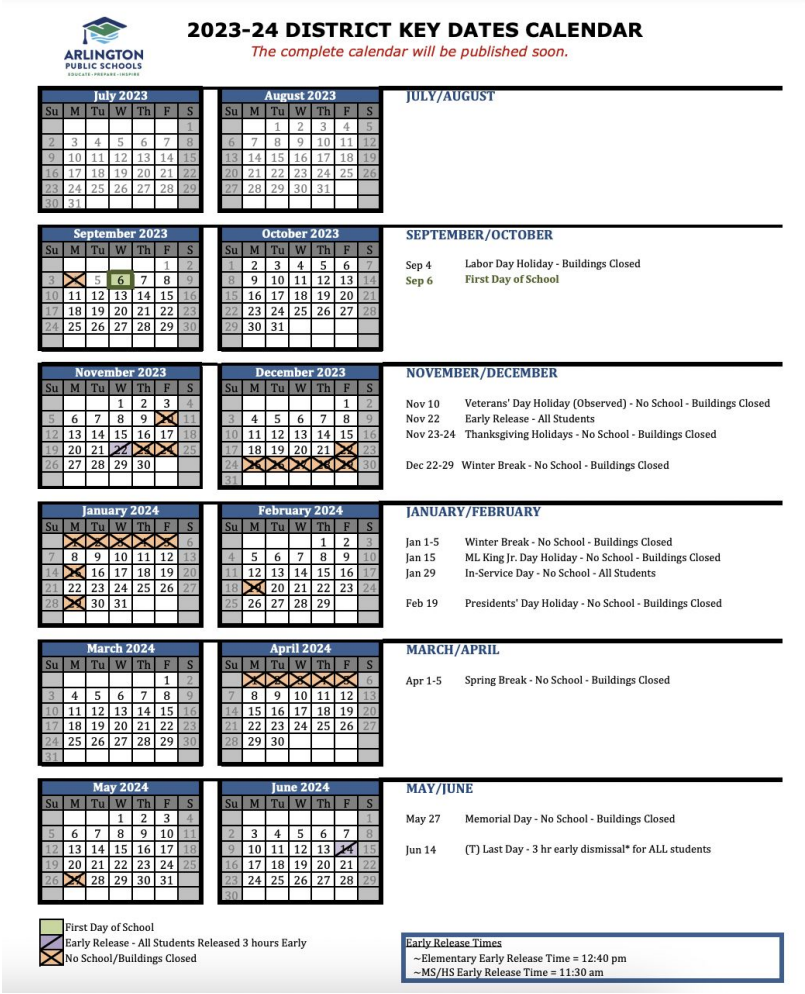
- 8am-2:30pm

Doors open at 7:30am. Please do not drop off before then as there is no supervision.

- 8am-1:30pm Early Release Fridays

Key Dates

Sept 6	First Day of School for All Students
Dec 22-29	Winter Break
Jan 29	No School
April 1-5	Spring Break
June 14	Last Day of School



ARLINGTON PUBLIC SCHOOLS

2023-24 DISTRICT KEY DATES CALENDAR

The complete calendar will be published soon.

JULY/AUGUST

SEPTEMBER/OCTOBER

Sep 4	Labor Day Holiday - Buildings Closed
Sep 6	First Day of School

NOVEMBER/DECEMBER

Nov 10	Veterans' Day Holiday (Observed) - No School - Buildings Closed
Nov 22	Early Release - All Students
Nov 23-24	Thanksgiving Holidays - No School - Buildings Closed
Dec 22-29	Winter Break - No School - Buildings Closed

JANUARY/FEBRUARY

Jan 1-5	Winter Break - No School - Buildings Closed
Jan 15	ML King Jr. Day Holiday - No School - Buildings Closed
Jan 29	In-Service Day - No School - All Students
Feb 19	Presidents' Day Holiday - No School - Buildings Closed

MARCH/APRIL

Apr 1-5	Spring Break - No School - Buildings Closed

MAY/JUNE

May 27	Memorial Day - No School - Buildings Closed
Jun 14	(T) Last Day - 3 hr early dismissal* for ALL students

First Day of School
Early Release - All Students Released 3 hours Early
No School/Buildings Closed

Early Release Times
~Elementary Early Release Time = 12:40 pm
~MS/HS Early Release Time = 11:30 am

Post Bell Schedule

7:30 Doors Open (please do not drop off before)

Regular Bell Schedule

Period	Time	Minutes
1st	8:00-8:48	48
2nd	8:52-9:40	48
3rd	9:44-10:32	48
6th Grade		
Lunch	10:32-11:02	30
4th	11:06-11:54	48
5th	11:58-12:46	48
7th Grade		
4th	10:36-11:24	37
Lunch	11:24-11:54	48
5th	11:58-12:46	48
8th Grade		
4th	10:36-11:24	48
5th	11:28-12:16	48
Lunch	12:16-12:46	30
6th	12:50-01:38	48
7th	1:42-02:30	48

Early Release Bell Schedule (TBD)

Period	Time	Minutes
1st	8:00-8:41	
2nd	8:45-9:24	
3rd	9:28-10:07	
6th Grade		
Lunch	10:07-10:37	30
4th	10:41-11:20	
5th	11:24-11:53	
7th Grade		
4th	10:11-10:50	
Lunch	10:50-11:20	30
5th	11:24-12:03	
8th Grade		
4th	10:11-10:50	
5th	10:54-11:33	
Lunch	11:33-12:03	30
6th	12:07-12:47	
7th	12:51-1:30	

Post Staff to Know

Leslie Olson- Principal

lolson@asd.wednet.edu 360-618-6452

Paul Dobberfuhl- Assistant Principal

Darlene North- Registrar

Jennifer Coleman- Office Secretary

Megan Downing- Office/Athletics Secretary

Tina Odenius- Attendance Secretary

Nanci Johnson- School Nurse

Nicole Egholm- School Counselor last names A-E

Josh Thayer- School Counselor last names F-Z

Rachel Miller- Student Support Advocate

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Health

Nanci Johnson, LPN
Post Middle School Health Room
360.618.6454
njohnson@asd.wednet.edu

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Tina Odenius- Attendance Secretary

- Please communicate well with attendance staff and your school nurse if your student is home with any symptoms of illness.
- Please make sure your contact info is up to date and accurate along with authorized contacts for pick up.

School Supplies (official list posted on website in June)

For the 23-24 school year, school supplies are no longer supplied by the school district. We will utilize outside resources to support students in need. While official supply lists will come out in August, the following items will be needed for classes:

Plug in headphones
Pencils
Notebook paper
Glue sticks

spiral notebook (ELA)
simple calculator
comp book (science)
sticky notes

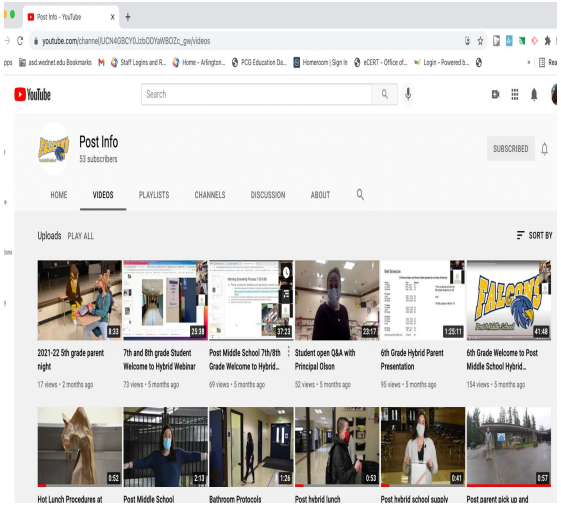
grid composition book (math)
2-3 highlighters
colored pencils
2-3 folders for subjects

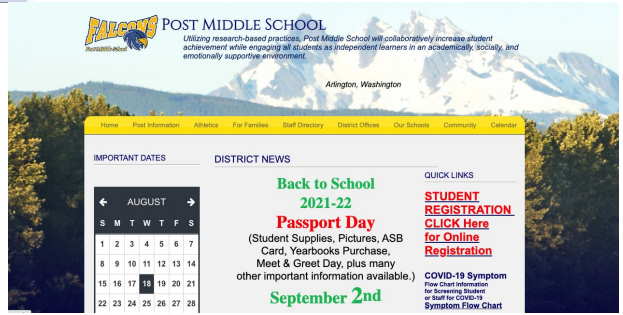
Each Day, Your Students will need:

- Backpack
- Charged School Computer - Personal computers will not work at school
- Reusable Water Bottle
- Curriculum Materials (Textbooks, I Ready Math, My Perspectives)
- Basic Supplies
- Clothing - Dress warm and comfortable (PE, outside for lunch, etc)
- Shoes appropriate for PE

Post Middle School Communication

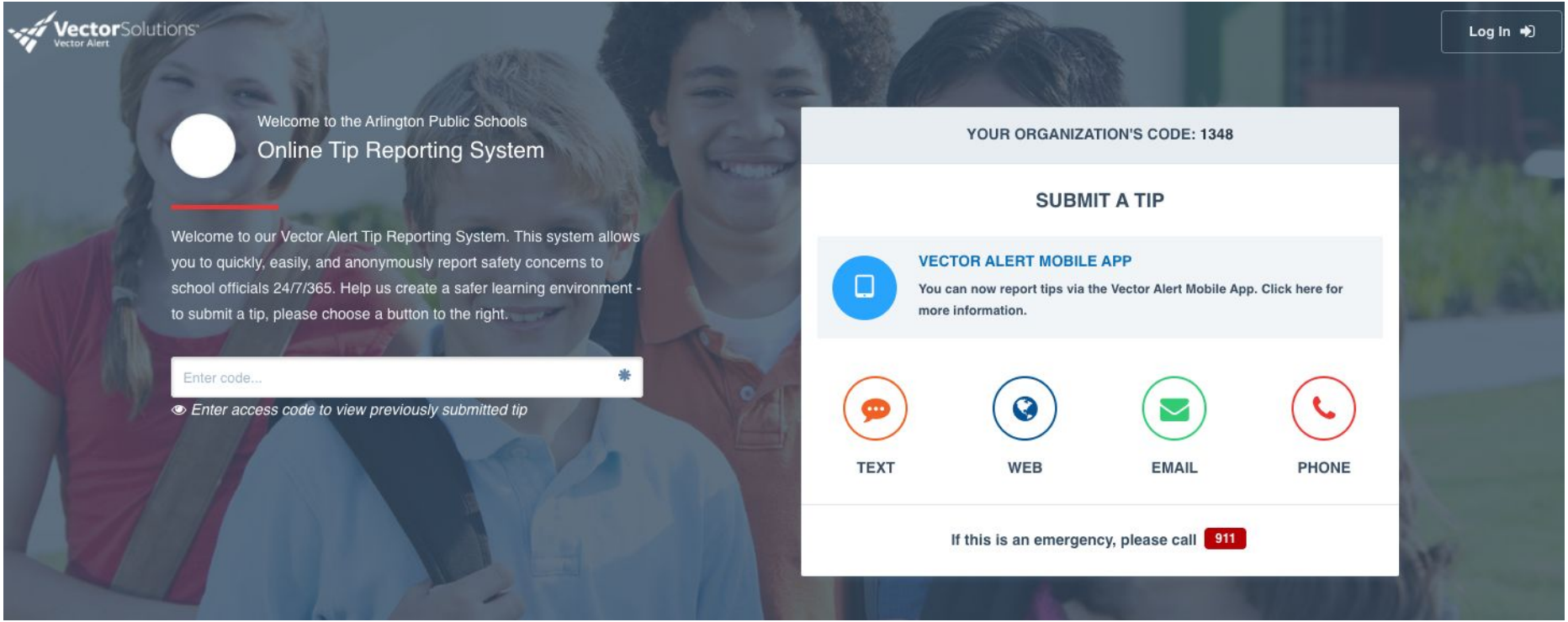
We have created a place to share information via videos and recorded webinars. We will always share information across multiple means to include emails, our district webpage, YouTube, and our Facebook page. We do also send phone calls on occasion.





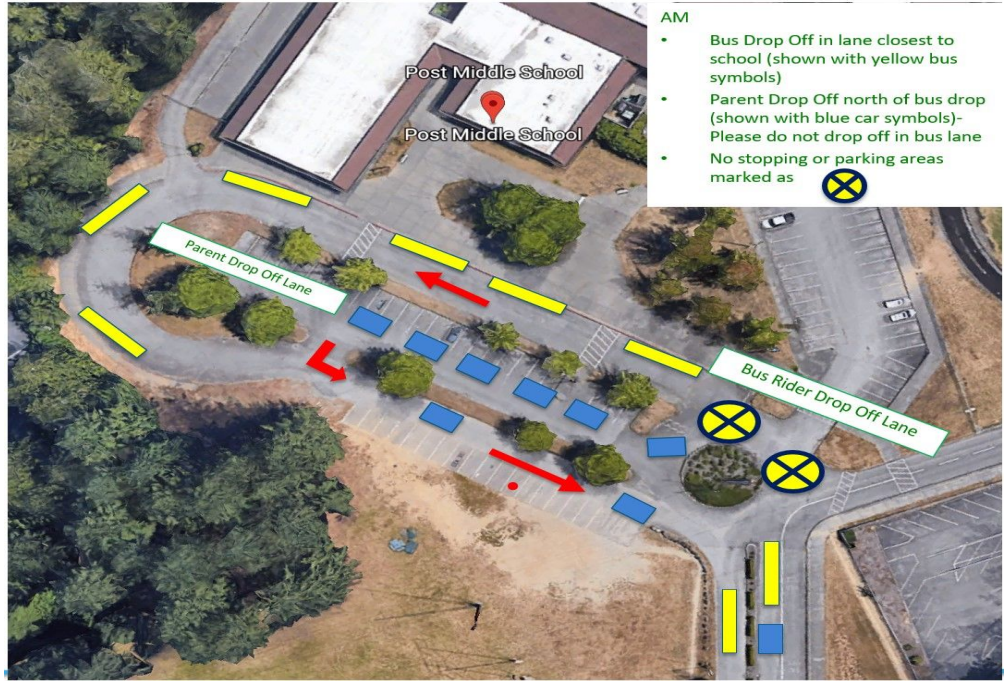
If you have a question we encourage you to email teachers directly. School counselors and administrators are always available to help by phone and email as well.

Safe Schools Tip Line 1-844-241-1346



Drop off and Release

- Students will be excused in a staggered fashion to exit out to the front of the school to the standard bus loop. Buses will use the standard bus loop. Parent pickups will form a line through the front parking lot.



Bus Routes

Please help your student know what bus route they ride home. We have two waves of buses that leave from Post. With over 650 students, dismissing from a 7th period, we do need students to know their bus routes. Please have them know the route number, not the bus number.

1st Wave Leaves at 2:35
Rt 44
Rt 30
Rt 8
Rt 4
Rt 25
Rt 35
*Special Education Transportation

2nd Wave Leaves at 2:45
All other Routes

Contacts/Questions?

Leslie (Tuomisto) Olson- Principal
lolson@asd.wednet.edu
360-618-6452

Paul Dobberfuhl- Assistant Principal
pdobberfuhl@asd.wednet.edu
360-618-6453

Nurse Nancy Johnson
360-618-6450

Nicole Egholm- Post School Counselor Last names A-E
negholm@asd.wetnet.edu

Josh Thayer- Post School Counselor Last names F-Z
jthayer@asd.wednet.edu

Tina Odenius- Attendance Secretary
360-618-6450